



Cassel Hills Piranhas Swim Team  
[www.casselhillspiranhas.com](http://www.casselhillspiranhas.com)

2017 Informational Packet for Swim Families  
Head Coach

Parent Board

President – Jennifer Martin (937-231-5468)  
Vice President – Lisa Caupp (937-260-8407)

Treasurer – Dana Clayton

Secretary – Lauren Graham

League Representative – Terra Moniaci

Webmaster – Marty Robertson

Meet Director – Brian Moore

Volunteer Coordinator – Kirstin English (937) 716-7345

**Welcome to the 2017 Cassel Hill Piranhas Swim Team!**  
[www.casselhillspiranhas.com](http://www.casselhillspiranhas.com)

[Info@casselhillspiranhas.com](mailto:Info@casselhillspiranhas.com)

Welcome to the Cassel Hills Swim Team. We are looking forward to a great swim season. We hope this packet will answer any questions you have, but please ask a parent board representative or veteran swim family if you have any other questions.

Our team is a part of the Southern Ohio Swim League (SOSL). This league consists of seven teams that range in size from 40 kids to 150+ kids per team. All of our SOSL meets take place in June and July, and the Championships for the league are in mid-July.

Please join us at our annual team open house. We will answer questions, help you register, determine your child's suit size, order team shirts and or caps. We will also help you choose your volunteer positions. This year's open house will be held at the Vandalia Rec Center on April 29 from 9-12.

## **Swim Team 2017 Fees**

\$90 first swimmer

\$90 First Swimmer + \$65 Second Swimmer = \$155

\$90 First Swimmer + \$65 Second Swimmer + \$65 Third swimmer = \$220

Max Swim Team Fees per Family \$220!! Plus, volunteer deposit explained in the volunteer section.

## **Cassel Hills Swim Team Schedule**

*Please arrive at swim practice a few minutes prior to "start time" to allow swimmers to get dressed and stretch. Our pool is heated but if it's too cold, we will do dry land training in the grassy area of Cassel Hills Pool. (Please see team weather policy on the website) Also, practice times and age groupings may be adjusted at the coaches' discretion.*

### **Team Swim Suit Fittings:**

Saturday April 29 9-12 At the Vandalia Rec Center during the team open house. (Team suits are not required)

**Registration/Paperwork Deadline:** There will be a \$25 late registration fee, per swimmer, if received after May 5th. All paperwork, fees, concession buyout and volunteer deposit must be turned in before any swimmer can participate. Failure to not turn all items in will result in your swimmer not swimming during meets and or practice.

### **First Time Swimmer Parent Meeting**

We will have a few opportunities for first time swim families to receive valuable insight in to the world of swimming. If you are a new Piranha, this meeting will make your first year much more enjoyable. Please join Jennifer Martin and Lisa Caupp, we will go over the parent packet and answer all your questions.

May 22 at 7:15 p.m. May 31 or June 7 at 9:30 a.m.

### **Swim Team Pictures**

**Thursday June 8 at 9:00am** with a rain date of June 14<sup>th</sup>.

Team and Individual pictures will be taken by Schwabe Studios at Cassel Hills Pool. For pictures, swimmers will wear swimsuits. Those with team swimsuits should wear those. Picture envelopes will be available in team folder box prior to pictures.

### **Evening practices at Cassel Hills Pool:**

Monday, 5/15/2017 through Friday, 5/19/2017 and

Monday, 5/22/2017 through Thursday, 5/25/2017

Ages 10 and under 6:30 to 7:30pm

Ages 11 and over 7:30 to 8:30pm

### **Morning practices (Monday - Friday) at Cassel Hills Pool:**

Monday, 5/30/2017 through Friday 7/14/2017

Advanced 8:00 to 9:30 a.m.

Beginner and Intermediate 9:30 to 10:30 a.m.

Coaches will determine class level during evening practices.

### **Practice Changes:**

Memorial Day Weekend: Friday, 5/26/2017 and Monday, 5/29/2017 -- NO PRACTICE

Independence Day: Monday, 7/3/2017 and Tuesday, 7/4/2017 -- NO PRACTICE

### **Practice Changes due to swim meets the night before:**

6/16,6/21,6/23,6/28,6/30, and 7/7

Advanced Practice 9:00 to 10:00 a.m.

Beginner/Intermediate Practice 10:00 to 11:00 a.m.

### **Swim Meets**

Thursday, 06/15/2017 @ Preble County

Tuesday, 06/20/2017 HOME Idle Hour

Thursday, 6/22/2017 @ Germantown

Tuesday, 6/27/2017 HOME Miamisburg

Thursday, 6/29/2017 @ West Carrollton

Thursday, 7/6/2017 HOME Cardinal Hill

### **Rain Dates:**

Tuesday, 7/11/17

Thursday, 7/13/17

### **Championships Saturday 7/15/2017 Miamisburg**

You must RSVP for Champs by deadline set by head coach or you child will not be included in events.

Warm up times and championship info will be communicated the week of champs.

### **Preble County Invite**

Information will be distributed closer to date.

### **Banquet Awards Picnic and Swimming**

Saturday July 22 at 6pm

**Registration and payments including volunteer deposit can be made payable to Cassel Hills Piranhas and mailed to:**

Cassel Hills Piranhas  
C/o Dana Clayton  
1130 Greystone Cir.  
Dayton, OH 45414

## **Volunteering During Swim Meets**

Each family is responsible for working 5 volunteer meet halves over the course of the season. Each position is recorded and verified by the Volunteer Coordinator. Please sign up for your work positions on the team website as soon as possible. To learn more about volunteer expectations please attend our team open house. (Examples of ways to fulfill volunteer requirement: Mom works one half of every meet; Dad works both halves of three meets; both Mom and Dad work two positions for one whole meet and half of another.)

A \$75 volunteer check deposit is required from all families. If necessary, the deposit money will be used to hire someone to work for families who are unable to fulfill their work requirement. At the end of the season, each family will receive their check back or a pro-rated amount totaling \$15 for each half they have worked.

Please see the volunteer coordinator if you have any questions or concerns.

### **Job Descriptions & Definitions:**

**Officials (Referee, starter, and stroke & turn judges):** Being an Official gives you one of the best seats in the house, but you must be trained and certified. See Terra Moniaci for more information 937-545-8764.

**Head Scorer/Scorer:** Head scorer and assistant scorers tally swimmers' scores and team points.

**Ribbon Writers:** Write winners' names on ribbons and file them in box.

**Timer:** Each swim lane has at least one timer (using a stopwatch) from each team. You start timing when you hear the beep and see the flash. As soon as a swimmer touches the wall to complete the race, you stop your timer.

**Back up Timer:** These individuals start their stopwatches at the beep and/or flash at the beginning of every event. If a timer has an issue with his stopwatch he will call out for you, and you'll time his swimmer. Back up timers move from lane to lane and help if a timer is in need.

**Lane Slip Runner:** These individuals collect the lane slips from the timers at the pool and the DQ slips from the officials and take them to the scoring table.

**Heat Ribbons:** These individuals stand at the end of the pool and give ribbons to the winners of each heat as they come out of the pool

**Bull Pen:** The Bull Pen is the grassy area near the pool where the swim families sit. Two bull pen volunteers announce upcoming events and take the swimmers to the clerk of course to be organized prior to their events.

**Clerk of Course and assistant:** Clerk of Course is an organized seating area where the swimmers go prior to their events. Clerk of Course volunteers seat the swimmers on benches according to heat and lane assignments. Then they escort them to the pool for their event.

**Concession Stand:** These individuals organize and present food for purchase and handle the money collected. The majority of these funds will be used for our end of the season awards banquet and picnic in July.

## **Swim Team Fundraisers**

Piranhapalooza

Further fundraisers TBA

## **National Anthem**

Anyone who is interested in performing the national anthem with voice or instrument at the home swim meets should contact parent board vice president Lisa Caupp.

## **Cassel Hills Piranhas FAQs**

*Are there tryouts for the Cassel Hills Piranhas?*

There are no tryouts, but to join the swim team, swimmers must be able to swim one length of the pool without stopping and without assistance.

*How are Swim Meets Organized?*

Swim meets have 80 events, beginning with medley swims, moving through each stroke, and ending with the free style relays. Swimmers compete in age groups (6 & under, 7-8, 9-10, 11-12, 13-14, and 15-18). Swimmers may participate in up to three individual events and two relays.

*How do I know if my child will swim in a particular meet?*

All swim meets including championships must be RSVP'd on the team website by the deadline established by the head coach. If you do not RSVP your child will not be entered to swim in the meet.

*If my child will miss a meet, what should I do?*

Any meets that your child cannot participate in should be communicated with the correct RSVP on the team website.

*How do I know what events my child will swim in?*

*Events will be posted at practice the day of the meet. They will also be available on the team website. To know the event, heat and lane your child is swimming in, you will need to purchase a heat sheet. Home meet heat sheets will be available for \$2 each.*

*What happens during inclement weather?*

Practice and meets will be held regardless of cooler temperatures or rain (according to the team weather policy). Meets will be delayed for thunderstorms and continued after the storm passes or rescheduled if the storm lasts too long.

*How will I be alerted to pertinent information, such as changes in practice or meet times?*

All team communication will be done through text messaging and emails. The texts and emails will be sent to the numbers and email addresses that were used during your family's registration. Each family will be allowed one number for text communication. If more numbers are needed please

contact our webmaster [Info@casselhillspiranhas.com](mailto:Info@casselhillspiranhas.com)

Also, the team file box will contain a folder for every family. Printed information for the family (and ribbons won at swim meets) will be put in these folders. You may also leave non-urgent information for the parent board in the board members' folders. You can also check the team website ([www.casselhillspiranhas.com](http://www.casselhillspiranhas.com)).

*Are team suits required?*

No. Any suit made for competitive swimming is acceptable.

*What should I bring to a swim meet?*

- Swimsuit
- Extra towels
- goggles per swimmer (having a spare pair comes in handy)
- Blankets/lawn chairs
- Things to do: games, cards, books, coloring books, music
- Permanent Sharpie marker (to write event & heat numbers on arm)
- Sunscreen/hats
- Bug spray
- Healthy snacks and water
- Jacket for cooler evenings

*What should we expect at a swim meet?*

- Arrive at home swim meets by 5:00pm and away meets by 5:30 p.m.
- Meets begin at 6:00pm and generally run 3 to 3 ½ hours
- Wear comfortable sandals that can get WET (especially if you are a timer)
- There are many people so label all your items
- Dress for the elements: wind, sun, cool temperatures at sunset
- Ribbons are given for 1<sup>st</sup> through 6<sup>th</sup> place in individual events and 1<sup>st</sup> place in relays. Heat Winner ribbons are given at some meets to the 1<sup>st</sup> place finisher in each heat.
- Swimmers must be responsible and listen to the Announcer. They must stay in the Bull Pen area until their event is called, at which time the Bull Pen volunteers will take them to the Clerk of Course. The Clerk of Course will line up swimmers for their events.
- Swimmers must be responsible for being at the clerk of course for their events.
- Understand that as swimmers are learning strokes, they may be disqualified (DQ'd) based on technical mistakes. All swimmers will experience being DQ'd in their career. Offer support and encouragement – and get ready for their next event!
- New or inexperienced swimmers should review the “Swim Rules” on our website.

# CASSEL HILLS PIRANHAS 2017 FAMILY INFORMATION FORM

Parents/Guardians' names: \_\_\_\_\_

Address \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Swimmers' names and birthdates: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## **Cassel Hills Piranhas Emergency Medical Release**

### ***Part 1 OR Part 2 must be completed and signed***

**Part 1 (to GRANT consent):** In the event reasonable attempts to contact me at the above phone numbers, I hereby give my consent for the administration of any treatment deemed necessary by the physician/dentist listed below or, in the event the designated practitioner is not available, by another licensed physician/dentist; and the transfer of the child to preferred hospital or any hospital reasonably accessible. This authorization does not cover major surgery unless the medical opinions of two other licensed physicians/dentists, concurring in the necessity for such surgery are obtained BEFORE the surgery is performed.

PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

Preferred Doctor: \_\_\_\_\_ Phone #: \_\_\_\_\_

Preferred Dentist: \_\_\_\_\_ Phone #: \_\_\_\_\_

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**Part 2 (REFUSAL to consent):** I do not give my consent for emergency medical treatment for my child. In the event of illness or injury requiring emergency medical treatment, I wish the Cassel Hills Piranhas Swim Team authorities to take no action or to \_\_\_\_\_.

(Sign below if you do NOT consent)

PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

**Cassel Hills Piranhas Hold Harmless Agreement**

The undersigned, being the parent and/or legal guardian of \_\_\_\_\_,

(a) minor child(ren), hereby gives consent for them to participate on the Cassel Hills Piranhas Swim Team. We acknowledge the fact that swimming is a strenuous sport with a risk of physical injury, including death. We further understand the Cassel Hills Piranhas Swim Team does not provide any health, medical, life or indemnity insurance for the players, participants or coaches.

Acknowledging the risk inherent to any sports activity, we voluntarily assume risk and agree of ourselves, our minor child(ren), and our beneficiaries and heirs to release indemnity and hold harmless Cassel Hills Piranhas Swim Team and their officers, assistants, coaches, and the pools whose facilities are used, from any and all liability claims, demands, and judgments arising out of any and all injuries which may be incurred by our minor child(ren) while they are participating in Cassel Hills Swim Team.

Parent/Legal Guardian \_\_\_\_\_ Date: \_\_\_\_\_

### **Cassel Hills Piranhas Marketing Release**

The Cassel Hills Piranhas maintains a website and may also publish information in local newspapers. We may submit meet information and pictures to our website or in local papers that could contain your child's name and picture. By signing this below, you authorize the release of your child(ren)'s photo and printed name for this purpose.

The undersigned, being the natural or legal guardian(s) of the minor child(ren) listed above, knowingly and intentionally consent and authorize the Cassel Hills Piranhas Swim Team to release information in the methods listed above.

- I consent to release both child's *Picture and Name*
- I consent to release child's *Name only*
- I do not want my child's *Picture or Name* released

Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

*I have read the parent packet and agree to fulfill the responsibilities laid out in it.*

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_